**(FORM D)**

**CLINICAL ACCREDITATION GUIDELINE AND CONDITIONALITIES FOR PHYSIOTHERAPYPRACTICE IN NIGERIA**

**GUIDELINES**

All Health Institutions/Hospitals offering services in Medical Rehabilitation Therapy shall be accredited/re-accredited for Board’s recognition, internship training programme and safe practice.

**Values**

1. Proper identification of ***areas*** of ***specialization*** reflecting Paediatrics Physiotherapy, Orthopaedic/Musculoskeletal Physiotherapy, Sports and Recreation Physiotherapy, Neurology/Mental Health Physiotherapy, Cardiopulmonary Physiotherapy, Community based/ Palliative-care Physiotherapy, Geriatric Physiotherapy, Ergonomics/Occupational Health Physiotherapy and Women’s Health Physiotherapy.
2. Total evaluation/assessment of ***concepts*** applied for treatment procedures;
3. Appraisal of the various ***modalities*** involved in the day-to-day patients handling;
4. Standardization of ***tools/equipments*** utilized in treatment procedures;
5. Proper maintenance of available ***infrastructural facilities;*** and
6. Availability of ***Manpower/Human Resource*** profiles with their current practicing licence.

**Adopted Standards**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **S/N** | **Category of Health Institutions/ Hospitals/ Clinics** | **Expected Nos. of Physiotherapists** | **Expected Nos. of Intern Physiotherapists** | **Expected Nos. of NYSC Physiotherapists** | **Expected areas of Specialization** | **Headship**  **Arrangement** | **Accreditation fees** |
| 1 | Health Institutions/  Hospital of 500 beds and above | 80 | 40 | Optional | Orthopaedic PT, Neurology/Mental Health PT, Paediatric PT, Cardiopulmonary PT, PT in Women’s Health, Geriatric PT, Community Based/Primary Health care PT. | Each area of specialization should be headed by a Chief Physiotherapist Overall head shall be a Physiotherapist at a Directorate Cadre | N1,000,000.00 |
| 2 | Health Institutions/ Hospitals with 400 – 500 beds | 60 | 30 | “ | “ | “ | N1,000,000.00 |
| 3 | Health Institutions/ Hospitals with 300 – 400 beds | 40 | 20 | “ | “ | “ | N1,000,000.00 |
| 4 | Health Institutions/ Hospitals with 150 - 200 beds | 25-30 | 16 | “ | “ | “ | N1,000,000.00 |
| 5 | Orthopaedic Hospitals | 60 | - | “ | - | “ | N1,000,000.00 |
| 6 | Psychiatric Hospitals | 20 | - | “ | - | “ | N1,000,000.00 |
| 7 | Private Hospitals with 100 - 150 beds | 10- 15 | - | “ | - | Chief Physiotherapist with at least 8 years working experience | N500,000.00 |
| 8 | Private Physiotherapy Clinics | 6 | - | “ | - | Chief Physiotherapist with at least 8 years working experience | N250,000.00 |
| 9 | Medical Gymnasia & Fitness Centres | 4 | - | “ | - | Chief Physiotherapist with at least 8 years working experience | N250,000.00 |
| 10 | Hospital Management Board |  |  |  |  |  | N1,200,000.00 |

**PHYSICAL FACILITIES**

* A purpose built departmental building with a conspicuous sign post in a clean and tidy environment
* Adequate water supply and electricity
* Clean and tidy environment
* Gymnasium: Adult and Paediatric gymnasium with wooden floor
* Hydrotherapy unit/cryotherapy unit
* Adequate offices for HODs, Physiotherapists, Interns, Corpers and support staff
* Adequate conveniences for staff and patients for both gender
* Seminar room
* An E- library with current journals and textbooks: Hospital Library and Departmental library, Access to Medline database
* Call duty rooms for both gender
* Record unit room with cabinet under lock and key
* Systems for online documentation
* Well spacious, illuminated and ventilated treatment cubicles
* Well spacious, illuminated and ventilated examination cubicles
* Well spacious, illuminated and ventilated consulting room

**EQUIMENTS**

1. **PAEDIATRIC PHYSIOTHERAPY UNIT**

|  |  |  |
| --- | --- | --- |
| **S/NO** | **NAME OF EQUIPMENT** | **TOTAL NUMBER REQUIRED** |
|  | Gait Trainers | 4 |
|  | Paediatric wheel chairs | 4 |
|  | Cerebral palsy chairs (Astride chairs) | 5 |
|  | Precision Boxes | 4 |
|  | Treatment mats | 4 |
|  | Prone standers | 4 |
|  | Bounce tilt boards | 4 |
|  | Orthotic splints (upper/lower limbs) | 10 |
|  | Paediatric treadmill | 4 |
|  | Supine standers | 4 |
|  | Treatment plinths | 4 |
|  | Therapy balls/medicine balls | 4 |
|  | Wedge (different sizes) | 8 |
|  | TENS machine | 4 |
|  | EMS machine | 4 |
|  | Giant Mirrors | 4 |
|  | Foldable Parallel bar | 2 |
|  | Walkers | 5 |
|  | Stickers | 15 |
|  | Television | 1 |
|  | DVD Player | 1 |
|  | Standing Frame | 1 |
|  | Hand Exerciser | 1 |
|  | Paediatric Ergometer | 4 |
|  | Swing for sensory stimulator | 4 |
|  | Paediatric quadriceps board | 5 |
|  | Wooden puzzles | Different types |
|  | Wrist exerciser | 10 |
|  | Paediatric tunnel | 4 |
|  | Paediatric Cones | 4 |
|  | Pulse oximeter | 4 |

1. **NEUROLOGY AND MENTAL HEALTH PHYSIOTHERAPY UNIT**

|  |  |  |
| --- | --- | --- |
| **S/NO** | **NAME OF EQUIPMENT** | **TOTAL NUMBER REQUIRED** |
|  | Suctioning Machine | 2 |
|  | Tilt bed | 2 |
|  | Teraband – resistance Band (yellow, Green, Blue, Red) | 20 |
|  | Neuro com Balance Master | 3 |
|  | Motorized wheel chair | 2 |
|  | Wedges | 3 |
|  | Walking sticks | 3 |
|  | 3 by 4 wheeled walker | 3 |
|  | Precision box | 3 |
|  | Gait belts | 3 |
|  | Pulse oximeter | 3 |
|  | Wall bar | 2 |
|  | Standing infrared lamp (luminous/Non-luminous) | 3 |

1. **ORTHOPAEDIC AND MUSCULOSKELETAL PHYSIOTHERAPY UNIT**

|  |  |  |
| --- | --- | --- |
| **S/NO** | **NAME OF EQUIPMENT** | **TOTAL NUMBER REQUIRED** |
|  | Lumber & Cervical Traction bed | 1 |
|  | Bicycle Ergometer | 4 |
|  | Treadmill machine | 3 |
|  | Tilt Bed | 2 |
|  | Parallel Bar | 2 |
|  | Precision Board | 4 |
|  | Dumbbells (1kg, 2kg, 3kg, 4kg, 5kg, 10kg) | One pair each (12) |
|  | Gait Belt | 2 |
|  | Exercise mats | 10 |
|  | Terabands | 10 |
|  | Hand exerciser balls | 4 |
|  | Shoulder wheel | 3 |
|  | Wax bath machine | 2 |
|  | Wall bar | 3 |
|  | Pulse oximeter | 3 |
|  | Short wave diathermy machine | 1 |
|  | Interferential current machine | 2 |
|  | TENS machine | 3 |
|  | EMS machine | 3 |
|  | Infra red lamp machine (luminous/non-luminous) | 3 each |
|  | Ice making machine | 1 |
|  | Ultraviolet machine | 1 |
|  | Multi gym | 1 |
|  | wooden staircase | 2 |
|  | Standing mirror | 2 |
|  | X-ray viewing box | 2 |
|  | Steppers | 4 |
|  | Wobble boards | 5 |
|  | Reciprocal pulley | 4 |
|  | Ultrasound Machine | 2 |

1. **PHYSIOTHERAPY IN WOMEN’S HEALTH**

|  |  |  |
| --- | --- | --- |
| **S/NO** | **NAME OF EQUIPMENT** | **TOTAL NUMBER REQUIRED** |
|  | Vaginal cones (diff sizes) | 5 |
|  | Exercise mats | 5 |
|  | Exercise balls | 5 |
|  | Dumbbells of different sizes | 5 |
|  | Bicycle Ergometer | 2 |
|  | Treadmill | 2 |
|  | Screen | 4 |
|  | Electrical Muscle Stimulator | 3 |
|  | Portable TENS | 3 |
|  | Paediometer | 3 |
|  | Weighing scale | 2 |
|  | Stethoscope | 1 |
|  | Sphygmomanometer | 1 |
|  | Tape measure | 1 |
|  | Stadiometer | 4 |
|  | Ultrasound imaging | 2 |
| 17 | Vaginal sensors | Packs |
| 18 | Vaginal weight | Different sizes |
| 19 | Pulse Oximeter | 3 |

1. **GERIATRIC PHYSIOTHERAPY UNIT**

|  |  |  |
| --- | --- | --- |
| **S/NO** | **NAME OF EQUIPMENT** | **TOTAL NUMBER REQUIRED** |
|  | Electrical Muscle Stimulator | 4 |
|  | Stethoscope | 2 |
|  | Sphygmomanometer | 2 |
|  | Exercise Mats | 5 |
|  | Cervical traction kit | 2 |
|  | Lumbar traction kit | 2 |
|  | Therapeutic ultrasound machine | 2 |
|  | Sand bag 3kg, 2kg, 1kg | 5 |
|  | Transcutaneous electrical nerve stimulator | 3 |
|  | Plinths | 4 |
|  | Bicycle Ergometer | 2 |
|  | Shortwave diathermy | 1 |
|  | Wall bars | 2 |
|  | Finger ladder | 2 |
|  | Shoulder wheel | 2 |
|  | Standing mirror | 2 |
|  | Hand function board | 2 |
|  | Hand balls, hand exercises | 5 |
|  | Stair case | 1 |
|  | Wobble board | 5 |
|  | Standing infra-red lamps (luminous/non luminous) | 4 |
|  | Gait belts | 4 |
|  | Steppers | 10 |
|  | Parallel bars | 2 |

1. **CARDIO-PULMONARY PHYSIOTHERAPY UNIT**

|  |  |  |
| --- | --- | --- |
| **S/NO** | **NAME OF EQUIPMENT** | **TOTAL NUMBER REQUIRED** |
|  | Modern Mechanical Vibrators | 2 |
|  | Electronic Ergometers | 2 |
|  | Electronic Nebulizers | 2 |
|  | Peak flow meter | 4 |
|  | Respiratory exerciser | 4 |
|  | Pulse oximeter | 4 |
|  | Anibu bag | 4 |
|  | Suctioning machine | 2 |
|  | Heart Rate Monitor | 3 |
|  | ECG Machine | 2 |

1. **COMMUNITY / PALLIATIVE-CARE PHYSIOTHERAPY UNIT**

|  |  |  |
| --- | --- | --- |
| **S/NO** | **NAME OF EQUIPMENT** | **TOTAL NUMBER REQUIRED** |
|  | Portable Ultrasonic Therapy Machine | 4 |
|  | TENS/EMS | 4 |
|  | Standing Infra-Red Lamps | 3 |
|  | Freezer (small size) or coolers for ice making | 4 |
|  | Parallel bar (collapsible) | 1 |
|  | Walking aids (crutches) | 4 |
|  | Exercise Mats | 10 |
|  | Weight | Different sizes |
|  | Hand exercisers | 4 |
|  | Wobble boards | 4 |
|  | Wooden Staircase | 1 |
|  | Wall bar | 1 |
|  | Pulse oximeter | 2 |
|  | Stethoscope | 2 |
|  | Sphygmomanometer | 2 |
|  | Sand bags of different weights | 4 |
|  | Parallel bar | 1 |
|  | Should wheel | 2 |
|  | Bandages | 10 |
|  | Standing mirror | 1 |
|  | Gait belts | 4 |

1. **DIAGNOSTIC EQUIPMENT**

|  |  |  |
| --- | --- | --- |
| **S/NO** | **NAME OF EQUIPMENT** | **TOTAL NUMBER REQUIRED** |
|  | Goniometers | 4 |
|  | Pain Assessment Cards | 4 |
|  | Sphygmomanometer / Stethoscope | 4 |
|  | Spirometers | 4 |
|  | Peak flow meters | 4 |
|  | Skin fold callipers | 4 |
|  | One stop watch | 4 |
|  | Hand grip dynamometer | 5 |
|  | Weighing scale | 3 |
|  | Pain rating scale | 4 |
|  | Stadiometer | 2 |
|  | X-ray viewing box | 4 |

1. **HYDROTHERAPY AND CRYOTHERAPY**

|  |  |  |
| --- | --- | --- |
| **S/NO** | **NAME OF EQUIPMENT** | **TOTAL NUMBER REQUIRED** |
|  | Hydrotherapy pool | 1 |
|  | Ice making machine | 2 |

1. **INFECTION CONTROL**

|  |  |  |
| --- | --- | --- |
| **S/NO** | **NAME OF EQUIPMENT** | **TOTAL NUMBER REQUIRED** |
|  | Face masks | packs |
|  | Disposable gloves | Packs |
|  | Sputum containers | Packs |
|  | Sterilizing unit | 1 |
|  | Autoclave | 1 |
|  | Antiseptic solution | packs |
|  | Washing machine | 1 |
|  | Drying machine | 1 |

1. **SAFETY MEASURES**

|  |  |  |
| --- | --- | --- |
| **S/NO** | **NAME OF EQUIPMENT** | **TOTAL NUMBER REQUIRED** |
|  | Alarm | 4 |
|  | Fire Extinguisher | 4 |
|  | Blanket | 4 |
|  | Intercom | 2 |
|  | Fire assembly point | 2 |
|  | Sand bucket | 2 |

**GYMNASIUM/EXERCISE THERAPY EQUIPMENT**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **S/NO** | **ITEMS** | **QUANTITY** | **QUALITY** | **FUNCTIONALITY** | **SERVICEABLE** | **UNSERVICEABLE** | **OBSOLETE** |
| 1. | Multi Gym |  |  |  |  |  |  |
| 2. | Treadmill |  |  |  |  |  |  |
| 3. | Bicycle |  |  |  |  |  |  |
| 4. | Hand Exerciser |  |  |  |  |  |  |
| 5. | Shoulder Wheel |  |  |  |  |  |  |
| 6. | Shoulder Ladder |  |  |  |  |  |  |
| 7. | Quadriceps drill/bench |  |  |  |  |  |  |
| 8. | Traction units cervical/lumbar |  |  |  |  |  |  |
| 10. | Therapeutic/medicine ball |  |  |  |  |  |  |
| 11. | Reciprocal pulley |  |  |  |  |  |  |
| 12. | Steppers |  |  |  |  |  |  |
| 13. | Wooden staircase |  |  |  |  |  |  |
| 11. | Wobble board |  |  |  |  |  |  |
| 12. | Parallel bar |  |  |  |  |  |  |
| 13. | Standing mirror |  |  |  |  |  |  |
| 14. | Frenkel mat |  |  |  |  |  |  |
| 15. | Goniometers |  |  |  |  |  |  |
| 16. | Anthropometers |  |  |  |  |  |  |
| 17. | Sphygmomanometers and stethoscope |  |  |  |  |  |  |
| 18. | Spirometers |  |  |  |  |  |  |
| 19. | Stop watches/alarm clocks |  |  |  |  |  |  |
| 20. | Standing mirror |  |  |  |  |  |  |
| 21. | Human skeleton |  |  |  |  |  |  |

**SIGNED:**

**DR. (MRS.) AKANLE, OLUFUNKE T.**

**REGISTRAR/CEO (MRTB)**